

The Ethical Slut Discussion Questions

Wk1: Part 1 Welcome (p1-74)

Q1. How do you feel about the use of the word “Slut” in this book? What are your thoughts on the notion of an “Ethical Slut”?

Q2. How does Ethical Sluthood battle Sex Negativity? Are there any ways that you think this could be problematic?

Q3. In “Building a Culture of Consent” Hardy and Easton have a section dedicated to folx who have been accused of sexual assault or misconduct. As we all grow in our journey to better understand consent, some of us may look back and see ways that we’ve made mistakes that have caused harm to others. How can we center the voices and stories of victims while still allowing space for learning and redemption for those who have caused harm?

Q4. Hardy and Easton close out Part 1 with a section called “In Praise of Monogamy”. Whether or not you are personally monogamous, what do you think are some of the advantages of and/or benefits to monogamy?

Wk2: The Practice of Sluthood (p75-134)

Q1. How does shifting from a starvation economy approach to an abundance economy approach change your romantic or sexual mindset? How does this apply to monogamous folks?

Q2. How do you talk to partners about safer sex and STIs?

Q3. How should we talk to kids about sex in ways that are sex positive? What about talking to kids about relationship diversity like non-monogamy?

Q4. Do you enjoy flirting? If so, how do you like to flirt? How do you like to be flirted with?

Wk3: Navigating Challenges (p135-200)

Q1: What can monogamous people learn from the ways that non-monogamous communities talk about and manage jealousy?

Q2: What tools do you use (or do you encourage your readers/clients/students/etc. to use) to manage/communicate about jealousy?

Q3: What are the differences between rules, agreements, and boundaries? What are the ethical considerations at play when negotiating these things?

Q4: How do you handle conflict in your relationships? What is one takeaway on conflict resolution from this book that stood out to you?

Wk4: TBA

Week 4 questions coming!