

Sex Ed Book Club Discussion Questions  
Yes Means Yes by J. Friedman & J. Valenti  
February 2018

There are only 4 discussion questions for this month. Here's a post I wrote explaining why.

Posted on Feb 23, 2018:

(CW: discussion of rape and sexual assault. )

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I'm checking in to see how everyone is doing. I apologize that I have not posted any discussion questions yet for this month's book. It turns out that reading this book has been very emotionally challenging for me. I work on a college campus and have conversations about consent all the time, so I didn't expect any of the emotional work that I've had to do every time I try to pick up this book. Sometimes, our experiences sneak up on us.

I'm going to post discussion questions this weekend and I'm also going to post information about our next book so folks can get a copy of it. However, I just wanted to touch base and apologize for ghosting you. I also want to share a story with you if you're interested in reading it. This is a link to a post that I wrote many years ago about an experience I had when I was 17. This is my #MeToo story (well, one of them). Thank you all for your compassion - I promise I'll be back to normal for the next book.

<http://professorsex.com/blog-other-content/i-lost-my-virginity-to-rape-trigger-warning-an-elephant-journal-piece>

Here are your questions for Yes Means Yes:

Q1: The authors lay out 11 themes that will appear in the text so that readers move through the book in a way that suits them best. A consent based approach! How did you read the book? Front-to-back? Skipping around randomly? Following certain themes as they were laid out in the beginning? Why did you choose that route and what did you think of the experience?

Q2: Essay 3 by Rachel Kramer Bussell is about consent as sexual process. How do you think pleasure and consent are related? Do you think pleasure-based sex education plays a role in how we understand consent and, if so, what?

Q3: Is consent complicated?

Q4: What, to you, is the difference between "yes means yes" and "no means no"? Is the distinction important?